

# Beach Public Schools Breakfast & Lunch Menu

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday	<p><b>Important Dates:</b></p> <p>Oct. 10<sup>th</sup> – Early Out                      Oct. 17<sup>th</sup> – End of 1<sup>st</sup> Quarter                      Oct. 18<sup>th</sup> – Admin Conv. – No School                      Oct. 19<sup>th</sup> – Admin Conv. – No School                      Oct. 25<sup>th</sup> – Parent/Teacher Conferences</p> <p><b>Reminders:</b></p> <p>Payments on lunch accounts can be made online at <a href="http://www.beach.k12.nd.us">www.beach.k12.nd.us</a></p> <p>Go to “E-Funds” on the right hand side of the black bar. Please call Lincoln Elementary at (701) 872-4253 with any questions.</p> <p>*All lunches are served with a choice of 1%, skim or fat free chocolate milk. Salad Bar is offered as a choice for grades 4 –12. All menus are subject to change without notice. Fruit is served daily with breakfast and lunch.</p>
1 Cold Cereal	2 Malt O Meal Toast	3 Pancake & Sausage	4 Egg & Smiles	5 Cinnamon Rolls	
Chicken Patty on a Bun Smiles	Upside Down Cheeseburger Broccoli	Sweat-n-Sour Chicken Rice Peas	Goulash Green Beans	Rib on Bun Mac-N-Cheese Baked Beans	
8 Breakfast Burrito	9 French Toast	10 Sausage & English Muffin	11 Omelet & Toast	12 Breakfast Pizza	
Corn Dogs Baked Beans	Meat Loaf Mashed Potatoes	Chicken Nuggets Celery	Sub Sandwich Lettuce Chips	Beef Stroganoff Noodles Cooked Carrots	
15 Cold Cereal	16 Carmel Roll	17 Oatmeal & Toast	18 NO SCHOOL	19 NO SCHOOL	
Popcorn Chicken Carrots	Hot Ham & Cheese Bean Soup	Hamburger Deluxe Lettuce Chips	Admin Conv.	Admin Conv.	
22 Pigs in a Blanket	23 Muffins & Yogurt	24 Omelet & Hash Browns	25 Waffles & Peanut Butter	26 Cold Cereal	
Orange Chicken Rice Veggies	Sloppy Joe’s Corn	Tomato Soup Grilled Cheese Peppers	Chef Salad Beans	Beef Stew Carrots Bun	
29 Oatmeal	30 Bagel	31 Breakfast Cookies			
Meatballs Mashed Potatoes Gravy	Pizza Lettuce	Spaghetti Green Beans			

\*The Menu is posted on our Facebook Page (Lincoln Elementary, Beach, ND) and available for printing on our website (<http://www.beach.k12.nd.us>)